Forensicare – "The Paul Mullen Centre"

Community Forensic Mental Health Service 505 Hoddle Street, Clifton Hill Ph: 9947 2500







PARKING

1 and 2 hour free parking can be found outside the shops near the **Skinny Elephant Café** on **Queens Pde**. From there you walk to the corner of Hoddle St & Queens Pde, and then walk around the corner into Hoddle St, and our building is the first building on the right.

4 hour free parking is also available **behind McDonald's on Dummett Crescent (unsigned)**. To get to the clinic from Dummett Crescent walk back around McDonalds to Queens Pde, then walk right to the corner of Hoddle St & Queens Pde, and then walk around the corner into Hoddle St and our building is the first building on the right.

All day free parking can be found on **McKean St**, between Rushall and Michael St, and on **Brennand St** which has a one way entrance from Queens Pde.

Those coming by **bike/motorcycle** can park directly in **front of our building**.



TRAMS- TRAM 86- Stop 25

Tram route 86 (Bundoora – RMIT) runs directly from the city, passing Southern Cross Station, down Bourke St, through the city, down Smith St in Collingwood, and stops at the **Clifton Hill Interchange** and then continues up High St through Northcote and Preston to Bundoora.

Travel time from the city to **Clifton Hill Interchange** is approximately 30 minutes. The **Clifton Hill Interchange** is located at the T intersection of Hoddle St and Queens Pde. To get to the clinic from the **Clifton Hill Interchange (3 minute walk)**, cross Queens Pde (to McDonalds side) and walk to the <u>Car Insurance Shop</u> on the (corner of Hoddle and Queens Pde), and then walk around the corner into Hoddle St and our building is the first building on the right.

BUSES

Several Buses run via Clifton Hill Station and the Clifton Hill Interchange.

246 - Elsternwick - La Trobe University via Clifton Hill, St Kilda Junction. (Stops at Clifton Hill Interchange)

250 - Garden City - La Trobe University via City, (Stops at Clifton Hill Interchange)

251 - Garden City - Northland via City (Stops at Clifton Hill Interchange)

504 - Moonee Ponds - Clifton Hill via East Brunswick



(Stops at Clifton Hill Railway Station)

546 - Heidelberg - Melbourne University - Queen Victoria Market via Clifton Hill & Carlton (Stops at Clifton Hill Railway Station)

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To get to the clinic from **Clifton Hill Station (5 minute walk)**, walk out of the station into Hoddle St, (do not use the underpass). Turn right and stay on the right hand side of Hoddle St, and walk for about 5 minutes. You will see our clinic on the left hand side of the street. **Do not cross the street at this point**. Continue to walk 1 minute and cross at the lights to the of corner Hoddle St & Queens Pde. From there you walk left around the corner back along Hoddle St, and our building is the first building on the right.



TRAINS

The **Epping line** will take you to **Clifton Hill Station** and **Rushall Station** (Falconer St / Rushall Cres Fitzroy North,). The **Hurstbridge line** take you to **Clifton Hill Station**

will take you to **Clifton Hill Stat**i (Heidelberg Rd / John St Clifton Hill).

These two stations are within walking distance of the clinic. It will take approximately 10 to 20 minutes from Flinders St to Clifton Hill Station or Rushall Station depending on whether you catch an express. Both stations are in Zone 1. ne



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To get to the clinic from **Rushall Station (10 minute walk)** if coming from the city, walk out of the station and turn left down the foot path parallel to the train line. When the foot path ends, veer left along Brennand St towards Queens Pde. Cross over Queens Pde to the corner Hoddle St & Queens Pde, and then walk around the corner into Hoddle St and our building is the first building on the right.



BIKES- The Merri Creek Trail commences at Dights Falls where it joins the Main Yarra Trail (Melway 44 F3) and follows the Merri Creek to Moomba Park where it joins the Western Ring Rd path (Melway 7 J11). Currently there are detours due to the Clifton

Hill rail project; more information is available on request.

SHOPS AND CAFÉS



The best way to get to know the shopping area is to walk around the nearby streets. From the Clinic walk back past the corner of Hoddle St & Queens Pde and you can see **McDonalds** 'fast-food take-away' at: **199**

Queen's Pde, **Clifton Hill** (*corner of Heidelberg Rd*). From McDonalds, it is easy to see <u>other shops located on Queen's Pde</u> - a short 5 to 10 minute walk away (moving away from the clinic and looking towards the City buildings on the skyline).